

### Teach-Train-Thrive Workshop

There are certain topics that must be mastered for teachers to feel confident and happy in their classrooms. Educators have an incredible knowledge in the content they'd like to convey, and an incredible passion for working with students. What might be missing is the study of how to cultivate ideal classroom behavior from their students to be able to effectively teach. This 6 hour workshop is divided into 5 subjects to be taught on a Professional Development Day.

### Teach - Train - Thrive Curriculum

Master Mindset

Motivation=Movement

Teaching Trust

Data Worth Doing

Put it in Play

**Mastering Mindset:** Some of our students have been through incredible trauma. Some don't display the behavior necessary to be available to learn. How then, as educators, do we wrap our brains around educating students we know are capable of thriving but have barriers that make it hard for them? This section battles the struggle of educator mindset and complex thoughts that go along with such a difficult situation.

**Motivation=Movement:** Motivation is truly the key to learning. Motivation will cause someone to endure even extremely difficult times in order to reach a goal. The field of behavior offers very insightful information on the "why" behind classroom behavior. This presentation weaves that with what we know as educators, to give a clear direction to behavior and why it happens. From engaged, organized behavior to aggressive and disruptive behavior. The science of behavior is explained to give a clear understanding of functions. Once educators learn the "why," it makes the "how" much more attainable.

**Teaching Trust:** We behave better for people we trust. We would walk through fire for those we feel to be authentic. The field of behavior actually has a lot to offer in the way of cultivating that trust. The way that we interact with students, including the timing of those interactions can go a long way in cultivating trust. Teachers who master this tap into student motivation and have classes that work cooperatively with each other. Quick, in the moment strategies provide educators with research based tricks to implement immediately that don't require advanced planning.

**Data Worth Doing:** Data can be transformative in how we use it to engage in our classrooms. But it must be closely aligned to our goals. Data also must be manageable for a classroom teacher to complete without causing added stress. This subject provides take home strategies for data collection that are quick, accurate, and helpful.

**Put it in Play:** Knowledge is great, but practicality in a classroom is key. As the previous topics bring educators to understanding of how behavior works, next is how to actually add these principles to a classroom. Classrooms are inherently chaotic, fun, and there are a ton of variables. Our strategies embrace everything that makes up a classroom. Educators walk away from this content with plans ready to implement.