

Local Wellness Policy Triennial Assessment

Schools participating in the National School Lunch Program and/or School Breakfast Program are required to have a Local Wellness Policy. At a minimum, the Local Wellness Policy must be assessed once every three years; this is referred to as the Triennial Assessment. Triennial assessments must determine, for each participating school under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies.

District Name: JAMP Special Education

School Name: Grand Chain Learning Center

Date Completed: 1/31/2022

Completed by: Kim Clayton, Director

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see [ISBE's Local Wellness Policy Content Checklist](#).

Goals for Nutrition Education

Nutrition Standards for School Meals

Wellness Leadership

Goals for Nutrition Promotion

Nutrition Standards for Competitive Foods

Public Involvement

Goals for Physical Activity

Standards for All Foods/Beverages
Provided, but Not Sold

Triennial Assessments

Goals for Other School-Based
Wellness Activities

Food & Beverage Marketing

Reporting

Part II: Goal Assessment

Input the goals of your Local Wellness Policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the school is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
<ul style="list-style-type: none"> Schools will foster the positive relationship between good nutrition, physical activity and the capacity of students to develop and learn. 		x		Students are regularly engaged in physical education. Cooking and regular nutritional activities are goals for the future.
<ul style="list-style-type: none"> Nutrition education will be part of the District’s comprehensive health education curriculum. 		x		Nutrition is part of the program.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
<ul style="list-style-type: none"> Schools will support and promote good nutrition for students. 		x		Students are encouraged to eat the meals provided at school. A goal is to introduce students to new and nutritious foods.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
<ul style="list-style-type: none"> Schools will support and promote an active lifestyle for students. 	x			
<ul style="list-style-type: none"> Physical education will be taught in all grades and shall include a developmentally planned and sequential curriculum that fosters the development of movement skills, enhances health-related fitness, increases students' knowledge, offers direct opportunities to learn how to work cooperatively in a group setting, and encourages healthy habits and attitudes for a healthy lifestyle. 	x			
<ul style="list-style-type: none"> Unless otherwise exempted, all students will be required to engage daily during the school day in a physical education course. 	x			
	x			

<ul style="list-style-type: none"> The curriculum will be consistent with and incorporate relevant Illinois Learning Standards for Physical Development and Health as established by the Illinois State Board of Education. 				
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Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				

Part III: Model Policy Comparison

Indicate the Model Wellness Policy used for comparison against your Local Wellness Policy. Provide a narrative for each prompt below based on the findings.

[Alliance for a Healthier Generation's Model Wellness Policy](#)

[Rudd Center's WellSAT 3.0](#)

Other: _____

1. What strengths does your current Local Wellness Policy possess?

Our students all participate in nutrition education and our student to teacher ratio allows for individualization for each student.

2. What improvements could be made to your Local Wellness Policy?

We can work to improve student engagement in nutrition education and interest in physical activities outside of the school day by introducing new information and resources.

3. List any next steps that can be taken to make the changes discussed above.

Classroom staff can engage students in lessons and conversations about cooking, nutrition, outdoor activities, and exercise.